# BASIC HILBERT SPACE THEORY

## JARVIS KENNEDY

### CONTENTS

1.	Basic definitions / results	1
2.	Orthonormal Bases	4
3.	Bounded Linear Operators	8

## 1. Basic definitions / results

The goal of these notes is to define the Fourier series in an arbitrary Hilbert space H, and to show that the Fourier series of an element in H converges to that element.

Recall from linear algebra the following:

1.1. **Definition.** An inner product on a complex vector space V is a function  $\langle \cdot, \cdot \rangle \colon V^2 \to V^2$  $\mathbb{C}$  satisfying

- (1)  $\langle x, y \rangle = \overline{\langle y, x \rangle}$
- (2)  $\langle \cdot, \cdot \rangle$  is linear in the first entry,
- (3)  $\langle \cdot, \cdot \rangle$  is positive definite.

1.2. Lemma. Any inner product induces a norm,  $||x|| = \sqrt{\langle x, x \rangle}$ , and satisfies:

- (1)  $|\langle x, y \rangle| \le ||x|| ||y||,$
- (2)  $||y|| \le ||\lambda x + y||$  for every  $\lambda \in \mathbb{C}$  iff  $\langle x, y \rangle = 0$ , (3)  $||x + y||^2 + ||x y||^2 = 2 ||x||^2 + 2 ||y||^2$ .

The proof is skipped for time.

1.3. Lemma. The norm function  $\|\cdot\|: V \to \mathbb{R}$  and the inner product  $\langle \cdot, \cdot \rangle: V \times V \to \mathbb{R}$  $\mathbb C$  are continuous functions.

*Proof.* The norm is continuous by the triangle inequality,

 $|||x|| - ||y||| \le ||x - y||.$ 

The inner product is continuous since

 $|\langle x_0, y_0 \rangle - \langle x, y \rangle| = |\langle x_0 - x, y_0 \rangle + \langle x, y_0 - y \rangle| \le ||x_0 - x|| \, ||y_0|| + ||x_0|| \, ||y - y_0||$ by the triangle and Cuachy-Schwarz inequality. Then if  $||x - x_0|| < \varepsilon/(2||y_0||)$  and  $\|y - y_0\| \le \varepsilon/(2 \|x_0\|)$ , then  $|\langle x_0, y_0 \rangle - \langle x, y \rangle| < \varepsilon$  which shows that  $\langle \cdot, \cdot \rangle$  is continuous.  Also probably skip this for time.

1.4. **Definition.** A Hilbert space is an inner product space,  $(H, \langle \cdot, \cdot \rangle)$ , which is complete with respect to the norm induced by the inner product. i.e. It is a Banach space whose norm comes from an inner product.

In proposition 8 from the  $L^p$  spaces section, we saw that  $L^p$  is a complete metric space, and is hence a Banach space. A natural question is when is  $L^p$  a Hilbert space?

1.5. Example. If p = 2, then  $\langle f, g \rangle = \int_X f \overline{g} d\mu$  is an inner product. All of the properties are easily seen to be satisfied, and  $||f||_2^2 = \int_X |f|^2 d\mu = \int_X f\overline{f} d\mu = \langle f, f \rangle$ 

However, consider the space  $L^p(X,\mu)$  where  $p \neq 2$ . If X contains two disjoint subsets with finite measure, then  $L^p(X,\mu)$  is not a Hilbert space. To see this, we normalize the indicator functions of the two sets and show that the parallelogram law fails.

Let A, B be the two sets, and let  $f = 1/(\mu(A))^{1/p}\chi_A$ ,  $g = 1/(\mu(B))^{1/p}\chi_B$ . Then,  $||f+g||^{2} = \left\{ \int_{X} \left| \frac{1}{\mu(A)^{1/p}} \chi_{A} + \frac{1}{\mu(B)^{1/p}} \chi_{B} \right|^{p} \right\}^{2/p}.$ 

f + g is 0 outside of  $A \cup B$ , and since  $A \cap B = \emptyset$  we calculate the integral to be

$$\int_X \left| \frac{1}{\mu(A)^{1/p}} \chi_A \right|^p + \int_X \left| \frac{1}{\mu(B)^{1/p}} \chi_B \right|^p = \frac{1}{\mu(A)} \mu(A) + \frac{1}{\mu(B)} \mu(B) = 2$$
which gives  $\|f + g\|^2 = 2^{2/p}$ . Similarly we get that  $\|f - g\|^2 = 2^{2/p}$ .

However,  $||f||^2 = ||g||^2 = 1$ , so  $2||f||^2 + 2||g||^2 = 4 \neq 2 \cdot 2^{2/p}$ . Hence the parallelogram law fails, so  $\|\cdot\|_p$  cannot come form an inner product.

If  $p = \infty$ , then  $f = \chi_A$  and  $g = \chi_B$  contradicts the parallelogram law since  $||f||_{\infty} = ||g||_{\infty} = ||f + g||_{\infty} = ||f - g||_{\infty} = 1.$ 

1.6. Proposition. Let H be a Hilbert space, and  $A \subset H$  be a non-empty closed convex subset. Then A contains a unique element of minimal norm.

*Proof.* Let  $d = \inf_{y \in E} ||y||$ . Since E is non empty and the norm is non-negative, we know that d is some finite number. We can find a sequence of points  $x_n \in E$  with  $||x_n||$  converging to d (if we could not, then d would not be the infimum).

Since E is convex,  $(x_m + x_n)/2 \in E$ , and so we have  $||(x_m + x_n)/2|| \ge d$ . Then using the parallelogram law, we have

$$\|(x_m - x_n)/2\|^2 = (\|x_m\|^2 + \|x_n\|^2)/2 - \|(x_m + x_n)/2\|^2 \le (\|x_m\|^2 + \|x_n\|^2)/2 - d^2.$$

Then as  $n, m \to \infty$ , we have

$$||(x_m - x_n)/2|| \to (d^2 + d^2)/2 - d^2 = 0,$$

showing that  $x_n$  is a Cauchy sequence. Since E is closed and H is complete, we have  $x_n \to x \in E.$ 

Since  $\|\cdot\|$  is continuous,  $\|x\| = d$ . If there were some other point  $x' \in E$  with ||x'|| = d, then again using the parallelogram law and the fact that  $(x + x')/2 \in E$ , we have

$$\|(x - x')/2\|^2 = (\|x\|^2 + \|x'\|^2)/2 - \|(x + x')/2\|^2 \le (d^2 + d^2)/2 - d^2 = 0,$$
  
ving that  $x = x'$ .

showing that x = x'.

We define the *orthogonal compliment* of a subspace  $M \subset H$  to be

$$M^{\perp} = \{ x \in H : \langle x, y \rangle = 0 \text{ for every } y \in M \}.$$

If M is closed, then it is itself a Hilbert space, and so is  $M^{\perp}$ . The fact that  $M^{\perp}$  is a subspace follows easily from the linearity of the inner product. The fact that  $M^{\perp}$ is closed follows from the continuity of the inner product.

If  $H_1$  and  $H_2$  are Hilbert spaces with  $H_1 \cap H_2 = \{0\}$ , then we define the direct sum to be

$$H_1 \oplus H_2 = \{h_1 + h_2 : h_1 \in H_1, h_2 \in H_2\}.$$

1.7. **Proposition.** Let H be a Hilbert space and  $M \subset H$  a closed subspace. Then M is a direct summand of H.

*Proof.* Since M and  $M^{\perp}$  are Hilbert spaces, we show that  $H = M \oplus M^{\perp}$ .

 $M \cap M^{\perp} = \{0\}$  since if  $x \in M \cap M^{\perp}$ , then  $\langle x, x \rangle = 0$  so x = 0.

For any  $y \in H$ , let E = y - M. Then E is a convex closed subset of H. Indeed, if  $y - m_1$  and  $y - m_2$  are in E, then the line between these two points is

$$t(m_2 - m_1) + (y - m_2) = y - (m_2 - t(m_2 - m_1)) \in E,$$

since  $m_2 - t(m_2 - m_1) \in M$ , so E is convex. Moreover its closed since it is the translate of a closed set. Then by proposition (1.6) there is a unique element with minimum norm. Let that element be y - m. Then for any  $x \in M$ , and  $\lambda \in \mathbb{C}$  we have

$$\|y - m\| \le \|y - m + \lambda x\|.$$

Then by Lemma (1.2), we have  $\langle y - m, x \rangle = 0$ , so  $y - m \in M^{\perp}$ . Moreover y = m + (y - m) showing that  $H = M \oplus M^{\perp}$ . 

#### JARVIS KENNEDY

### 2. Orthonormal Bases

If M is a closed subspace of a Hilbert space H, then for  $x \in H$ , we can define the orthogonal projection onto M as  $P_M(x) = m$ , where  $x = m + m' \in M \oplus M^{\perp}$ . This is well defined since there is a unique such representation for x.

Just like in finite dimensional linear algebra, we use the inner products and orthogonal projections to define the best approximation to a vector x in a finite dimensional subspace. This is done by projecting x onto an orthonormal basis for the subspace.

A subset  $U \subset H$  is called *orthonormal* if  $\langle u_{\alpha}, u_{\beta} \rangle = \delta_{\alpha}^{\beta}$  for all  $u_{\alpha}, u_{\beta} \in A$ .

We define the *Fourier coefficients* of x with respect to U as  $x_{\alpha} = \langle x, u_{\alpha} \rangle$ .

2.1. **Theorem.** Let  $U = \{u_{\alpha} : \alpha \in A\}$  be an orthonormal set in a Hilbert space H and let  $\{\alpha_1, \ldots, \alpha_n\}$  be a finite subset of A. Then,

- (1) If  $x = \sum_{i=1}^{n} c_i u_{\alpha_i}$ , then  $c_i = x_{\alpha_i}$  and  $||x||^2 = \sum_{i=1}^{n} |x_{\alpha_i}|^2$ .
- (2) For any  $x \in H$  and any scalars  $\lambda_i$ , we have

$$\left\| x - \sum_{i=1}^{n} x_{\alpha_i} u_{\alpha_i} \right\| \le \left\| x - \sum_{i=1}^{n} \lambda_i u_{\alpha_i} \right\|$$

with equality if and only if  $\lambda_i = x_{\alpha_i}$ .

(3) The vector  $\sum_{i=1}^{n} x_{\alpha_i} u_{\alpha_i}$  is the orthogonal projection of x onto the subspace spanned by  $\{u_{\alpha_i}\}, i = 1, ..., n$ .

*Proof.* (1) This follows from orthonormality.  $x_{\alpha_i} = \langle x, u_{\alpha_i} \rangle = c_i$ .

$$\|x\|^{2} = \langle \sum x_{\alpha_{i}u_{\alpha_{i}}}, \sum x_{\alpha_{i}u_{\alpha_{i}}} \rangle = \sum_{i} \sum_{j} x_{\alpha_{i}} \overline{x_{\alpha_{j}}} \langle u_{\alpha_{i}}, u_{\alpha_{j}} \rangle = \sum |x_{\alpha_{i}}|^{2}.$$

(2) Squaring and expanding the norm, we get

$$||x||^2 - \sum |x_{\alpha_i}|^2,$$

for the left hand side and

$$||x||^2 - 2\operatorname{Re}\sum_{i=1}^n x_{\alpha_i}\overline{\lambda_i} + \sum_{i=1}^n |\lambda_i|^2.$$

for the right hand side. This is equivalent to

$$2\operatorname{Re}\sum_{i=1}^{n} x_{\alpha_{i}}\overline{\lambda_{i}} \leq \sum_{i=1}^{n} |x_{\alpha_{i}}|^{2} + \sum_{i=1}^{n} |\lambda_{i}|^{2}.$$

This follows from the Cauchy-Schwarz inequality,

$$\left|\sum_{i=1}^{n} x_{\alpha_{i}} \overline{\lambda_{i}}\right| \leq \sqrt{\sum_{i=1}^{n} |x_{\alpha_{i}}|^{2}} \sqrt{\sum_{i=1}^{n} |\lambda_{i}|^{2}},$$

and the AGM inequality,

$$\sqrt{\sum_{i=1}^{n} |x_{\alpha_i}|^2} \sqrt{\sum_{i=1}^{n} |\lambda_i|^2} \le \frac{\sum_{i=1}^{n} |x_{\alpha_i}|^2 + \sum_{i=1}^{n} |\lambda_i|^2}{2}$$

Since we have

$$\operatorname{Re}\sum_{i=1}^{n} x_{\alpha_{i}}\overline{\lambda_{i}} \leq |\sum_{i=1}^{n} x_{\alpha_{i}}\overline{\lambda_{i}}| \leq \frac{\sum_{i=1}^{n} |x_{\alpha_{i}}|^{2} + \sum_{i=1}^{n} |\lambda_{i}|^{2}}{2}.$$

(3) This follows from the definition of the orthogonal projection. We constructed the decomposition as x = m + x - m where x - m was the element of minimal norm in x - M, and then defined the projection to be m. (2) shows that the element of minimal norm in x - M is  $x - \sum_{i=1}^{n} x_{\alpha_i} u_{\alpha_i}$ .

Let  $l^2(A)$  be the Hilbert space of square summable sequences with |A| terms in the sequences. That is,  $l^2(A) = \{\phi \colon A \to \mathbb{C} \colon \sum_{\alpha \in A} |\phi(\alpha)|^2 < \infty\}$  with inner product,  $\langle \phi, \psi \rangle = \sum_{\alpha \in A} \phi(\alpha) \overline{\psi(\alpha)}$ .

The next theorem shows that every such  $\phi$  arises as the Fourier coefficients from an element of a Hilbert space, if that Hilbert space has an orthonormal set of cardinality |A|.

2.2. **Theorem.** If  $U = \{u_{\alpha} : \alpha \in A\}$  is an orthonormal set in a Hilbert space H, and  $\phi \in l^2(A)$ , then there is an  $x \in H$  such that  $\phi$  is equal to the function  $\hat{x} : A \to \mathbb{C}$ ,  $\hat{x}(\alpha) = \langle x, u_{\alpha} \rangle$ .

*Proof.* Since  $\phi$  is square summable, at most countable many terms in  $\phi$  can be non-zero. Indeed, if we let  $A_n = \{\alpha : |\phi(\alpha)|^2 > 1/n\}$ , then we see

$$\sum_{\alpha \in A} |\phi(\alpha)|^2 \ge \sum_{\alpha \in A_n} |\phi(\alpha)|^2 \ge \sum_{\alpha \in A_n} 1/n.$$

Since the left hand side of this inequality is finite, we must have that  $A_n$  is finite. Then

$$\bigcup_{n \in \mathbb{N}} A_n = \{ \alpha \in A : |\phi(\alpha)|^2 > 0 \}$$

is a countable union of finite sets and hence is countable.

Let  $E = \{\alpha_n\}$  a countable set for which  $\phi = 0$  on  $A \smallsetminus E$ . Then define

$$x_n = \sum_{i=1}^n \phi(\alpha_i) u_{\alpha_i}.$$

Notice that  $x_n$  is Cauchy in H. Indeed, if n > m, then

$$||x_n - x_m|| = \sum_{i=m+1}^n |\phi(\alpha_i)|^2 \to 0,$$

since  $\phi$  is square summable.

Hence  $x_n \to x$  for some  $x \in H$ ,  $x = \sum_{n=1}^{\infty} \phi(\alpha_n) u_{\alpha_n}$ , and

$$\hat{x}(\alpha) = \langle \sum_{n=1}^{\infty} \phi(\alpha_n) u_{\alpha_n}, u_{\alpha} \rangle = \sum \phi(\alpha_n) \langle u_{\alpha_n}, u_{\alpha} \rangle = \phi(\alpha),$$

since if  $\alpha \in \{\alpha_n\}$ , the sum collapses to  $\phi(\alpha)$ . Otherwise it collapses to 0 and  $\phi(\alpha) = 0$  since  $\alpha \notin \{\alpha_n\}$ .

We would like to be able to approximate the elements of a Hilbert space by their Fourier expansions, with the limit equaling the element. The next Theorem and its Corollary give equivalent conditions for this to happen.

2.3. **Theorem.** Let  $U = \{u_{\alpha} : \alpha \in A\}$  be an orthonormal set in a Hilbert space H. The following are equivalent

- (1)  $||x||_{H} = \left\{ \sum_{\alpha \in A} x_{\alpha}^{2} \right\}^{1/2} = ||\hat{x}||_{l^{2}(A)},$
- (2) The linear map  $\Lambda: H \to l^2(A), \Lambda(x) = \hat{x}$  is a Hilbert space isomorphism,
- (3) U is a maximal orthonormal set in H,
- (4) The linear span of U is dense in H,

*Proof.* Suppose that 1 holds. The polarization identity shows that the inner product is preserved.

$$\begin{aligned} \langle x, y \rangle_{H} &= 1/4 \left\{ \|x+y\|_{H}^{2} - \|x-y\|_{H}^{2} + i \|x+iy\|_{H}^{2} - i \|x-iy\|_{H}^{2} \right\} \\ &= 1/4 \left\{ \|\hat{x}+\hat{y}\|_{l^{2}(A)}^{2} - \|\hat{x}-\hat{y}\|_{l^{2}(A)}^{2} + i \|\hat{+}i\hat{y}\|_{l^{2}(A)}^{2} - i \|\hat{x}-i\hat{y}\|_{l^{2}(A)}^{2} \right\} \\ &= \langle \hat{x}, \hat{y} \rangle_{l^{2}(A)} \end{aligned}$$

A is onto by Theorem (2.2). It is injective since if  $\hat{x} = 0$ , then  $||x|| = ||\hat{x}|| = 0$ , so x = 0.

Suppose 2. If U is not maximal, then there must be some  $x \neq 0$ ,  $x \notin U$  with  $\langle x, u_{\alpha} \rangle = 0$  for every  $\alpha$ . Then  $\hat{x} = 0$ , contradicting the fact that  $\Lambda$  is an isomorphism.

Suppose (3). If span(U) is not dense, then  $\overline{\text{span}(U)} \neq H$ , so there is some  $x \in \overline{\text{span}(U)}^{\perp}$  with  $x \neq 0$ . Then  $\langle x, u_{\alpha} \rangle = 0$  for every  $\alpha$  which contradicts the maximality of U.

Suppose (4). Then  $\Lambda$ : span $(U) \to l^2(A)$ ,  $x \mapsto \hat{x}$  is continuous. Indeed, if  $x = \sum_{\alpha \in F} c_\alpha u_\alpha$ , then

$$\hat{x}(\alpha) = \begin{cases} c_{\alpha} & \alpha \in F \\ 0 & \text{else} \end{cases}$$

So we see that  $||x||_{H} = ||\hat{x}||_{l^{2}(A)}$ , and this gives continuity by the triangle inequality.

Next we extend  $\Lambda$  to H by taking limits. If  $x \in H$ , let  $x_n \to x$  with  $x_n \in \text{span}(U)$ , then we define  $\Lambda(x) = \lim_{n\to\infty} \Lambda(x_n)$ .  $\Lambda(x)$  exists because  $\Lambda(x_n)$  is a Cauchy sequence in  $l^2(A)$ . It is well defined since  $\Lambda$  is an isometry. Explicitly, if  $x_n, y_n \to x$ , then  $\|\hat{x}_n - \hat{y}_n\| = \|x_n - y_n\| \to 0$ , so  $\hat{x}_n$  and  $\hat{y}_n$  converge to the same point in  $l^2(A)$ .

Moreover,  $\Lambda$  is an isometry since  $||x|| = \lim_{n \to \infty} ||x_n|| = \lim_{n \to \infty} ||\hat{x}_n|| = ||\hat{x}||$ . This shows (1).

This shows that there are at most countably many Fourier coefficients which are non-zero for any given  $x \in H$  and orthonormal basis U.

2.4. Corollary. If U is an orthonormal basis of H and  $x \in H$ , then there are at most countably many  $\alpha$  with  $x_{\alpha} \neq 0$ . Moreover

$$x = \sum_{\alpha \in F} x_{\alpha} u_{\alpha},$$

where F is the set of  $\alpha$  for which  $x_{\alpha} \neq 0$ ,  $F = \{\alpha_n\}_{n=1}^N$  where N is possibly infinite.

*Proof.* The at most countable part follows from  $||\hat{x}|| = ||x|| < \infty$ , and the fact that if an uncountable sum converges then at most countably many terms can be non-zero (we showed this already).

If F is finite then the sum is a finite sum so it is an element in H. Suppose it is infinite. Then  $x_n = \sum_{i=1}^n x_{\alpha_i} u_{\alpha_i}$  is a Cauchy sequence since

$$||x_n - x_m|| = \left\| \sum_{i=m+1}^n x_{\alpha_i} u_{\alpha_i} \right\| = \sum_{i=m+1}^n |x_{\alpha_i}^2| \to 0,$$

since  $\sum |x_{\alpha_i}|^2$  converges. Therefore,  $\sum_{i=1}^{\infty} x_{\alpha_i} u_{\alpha_i}$  is in *H*.

Let  $y = x - \sum_{i=1}^{\infty} x_{\alpha_i} u_{\alpha_i}$ . Then for any  $\alpha$ ,

$$\hat{y}(\alpha) = \langle x - \sum_{i=1}^{\infty} x_{\alpha_i} u_{\alpha_i}, u_{\alpha} \rangle = \langle x, u_{\alpha} \rangle - \sum_{i=1}^{\infty} x_{\alpha_i} \langle u_{\alpha_i}, u_{\alpha} \rangle = x_{\alpha} - x_{\alpha},$$

since

$$\sum_{i=1}^{\infty} x_{\alpha_i} \langle u_{\alpha_i}, u_{\alpha} \rangle = x_{\alpha}$$

if  $\alpha = \alpha_i$  for some j. Otherwise it is 0, but so is  $x_{\alpha}$ .

### JARVIS KENNEDY

Since U is a maximal orthonormal set, this shows that y = 0, and hence  $x = \sum_{i=1}^{\infty} x_{\alpha_i} u_{\alpha_i}$ .

2.5. *Example.* Add the standard example of  $L^2(\mathbb{T})$ .

# 3. Bounded Linear Operators

Let  $L: X \to Y$  be a linear operator between normed vector spaces. L is said to be bounded if there exists a constant C such that

$$\|Lx\|_{Y} \le C,$$

for every  $x \in X$  with  $||x||_X = 1$ .

3.1. Lemma. Let  $L: X \to Y$  be a linear map between normed vector spaces. Then the following are equivalent.

(1) L is bounded,

- (2) L is continuous,
- (3) L is continuous at the origin.

*Proof.* Suppose L is bounded with constant C. If  $0 < ||x - y||_X < \varepsilon/C$ , then

$$|x - y/(||x - y||_X)$$

has unit norm, so

$$||L(x-y)||_Y / ||x-y||_X \le C,$$

 $\mathbf{SO}$ 

$$||Lx - Ly||_Y \le C ||x - y||_X = \varepsilon.$$

Clearly (2) implies (3).

If L is continuous at 0, then there is some  $\delta > 0$  such that whenever  $||x||_X < \delta$  we have  $||Lx||_Y < 1$ . Then for any x with  $||x||_X = 1$ , we have  $||(\delta/2)x||_X = \delta/2 < \delta$ , so

 $\|L(\delta/2)x\|_{Y} < 1,$ 

and hence

 $\|Lx\|_Y < 2/\delta$ 

so L is bounded.

Define  $X^*$  to be the vector space of continuous linear functionals on X. Since we have just shown continuity is equivalent to boundedness, we define

$$\|\Lambda\| = \sup_{\|x\| \le 1} |\Lambda x|.$$

This turns  $X^*$  into a Banach space. For a Hilbert space H, we have already shown that  $\Lambda_y(x) = \langle x, y \rangle$  is a continuous linear functional. It turns out that this is the only type of linear functional on H.

3.2. **Theorem.** Let H be a Hilbert space and  $\Lambda \in H^*$ . There is a unique  $y \in H$  such that  $\Lambda = \Lambda_y$ . Moreover,  $\|\Lambda\|_{H^*} = \|y\|_H$ , and the map  $y \mapsto \Lambda_y$  is a conjugate linear isometry.

*Proof.* We have already shown that  $\Lambda_y \in H^*$ . The fact that  $\|\Lambda_y\|_{H^*} = \|y\|_H$  follows from the Cauchy-Schwarz inequality. For  $\|x\| \leq 1$  we have

$$|\Lambda_y(x)| \le ||x|| \, ||y|| \le y.$$

Moreover this bound is attained with x = y/||y||.

since  $\Lambda_{\lambda y} = \overline{\lambda} \Lambda_y$ , the map is a conjugate linear isometry.

If  $\Lambda = 0$  then the statement holds with y = 0. Otherwise let  $N = \ker(\Lambda) = \Lambda^{-1}(0)$ . This is a proper closed subspace of H, so there is some  $z \in N^{\perp}$  with  $z \neq 0$ . Then  $(\Lambda x)z - (\Lambda z)x \in N$  for any x. Hence we get

$$0 = \langle (\Lambda x)z - (\Lambda z)x, z \rangle = \Lambda x ||z||^2 - \Lambda z \langle x, z \rangle,$$

which gives

$$\Lambda x = \lambda_z \langle x, z \rangle / \left\| z \right\|^2 = \Lambda_y x$$

with  $y = \overline{\Lambda z} / ||z||^2$ .

To prove uniqueness, suppose that

$$\langle x, y \rangle = \langle x, y' \rangle$$

for every  $x \in H$ . Then

 $\langle x,y-y'\rangle=0$  for all  $x\in H.$  In particular for x=y-y' which gives

$$||y - y'||^2 = 0$$

and hence y = y'.